

MY PREPARE IDEA

CONTEST WINNERS

2017



**MY
PREPARE
IDEA**

CONTEST

What have **you** done
to **prepare** for a
disaster?

Tell us your preparedness ideas
and you could
win **FREE** admission to the
Utah Prepare Conference & Expo!

Email the following to
utahprepare@gmail.com:

1. Photo of what you have done to prepare
2. Short, one-paragraph explanation
3. Name
4. City
5. Contact number

#UtahPrepare

Contest Rules:

- Participants must be at least 18 years of age.
- Limit 5 entries per household.
- Entries must be received by midnight (MDT) Thursday, August 31, 2017.
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- Judges' decisions are final.

Winners will be notified by September 2, 2017 and receive **FREE** admission to the Expo, have their entry on display in the Exhibit Hall, and be recognized at the keynote address.

 **UTAH PREPARE**
  **CONFERENCE & EXPO**
UtahPrepare.org

HAM RADIO GO-KITS

- Worked with Sandy City to prepare 6 kits.
- Provide additional people who can help in an emergency.
- Already useful and effective.

Kent England
Sandy, UT



SURVIVAL VEST

- Organize supplies into pockets to quickly locate what you need.
- Easy to make.
- Customizable.
- Can hide under a jacket and still have easy access to supplies.

Jennie Zelig
Sandy, UT



MONTHLY NEIGHBORHOOD NEWSLETTER

- Breaks emergency preparedness into simple steps that take 5–10 minutes a week.
- Half neighborhood now preparing.

**Keith Tanner
Murray, UT**

Riverview Neighborhood Emergency Preparedness

September 2016

A few years ago we worked on emergency preparedness as a neighborhood. Many people have expressed interest in doing it again.

The biggest roadblock to getting prepared is feeling overwhelmed, that it would take a lot of work. To make it easy, we are breaking emergency preparedness into very small steps that only take 5 – 10 minutes each. Take one step a week and in two years you'll be prepared.

Here are the first few steps for this month. Let's all take them together so our neighborhood will be prepared.

Week #1—Decide to Prepare

Disasters can strike at any time without warning. Those who are unprepared suffer a lot more. Discuss emergency preparedness with your family and commit to spend a few minutes each week preparing.

Week #2—Pick an Out-of-state Contact

Identify an out-of-state contact in case you are separated during an emergency. Long distance phone calls may work when local calls don't. Text messages and emails may work when phone calls don't. Make sure everyone in your family carries the contact information with them.

Since your out-of-state contact may not be able to call you, contact them twice a day to check for messages.

Week #3—Pick Places to Meet

Pick two meeting places—one right outside your home for when your home isn't safe and one a little farther away for when your neighborhood isn't safe. Tell your family to check in so you will know they are safe.

Week #4—Communicate Special Needs

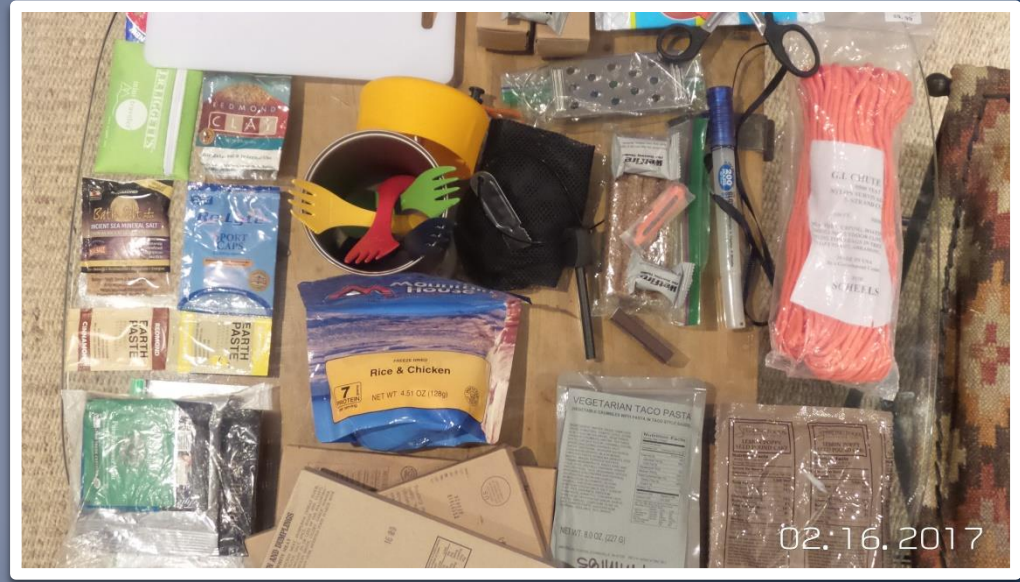
If you are disabled, handicapped, elderly, do not speak English, or have other special needs, get to know your next door neighbors. Make sure they know you may need extra assistance during a disaster.

Extra Credit—Multiple Ways to Communicate

Have more than one way to make phone calls and access the Internet (cellphone, Century Link, Comcast, Voice over IP, etc.). Make sure you can call, text, and email when the power is out.

EVERY DAY CARRY (EDC) KIT

- Kits for vehicles and home with quantities family uses.
- Inventory makes it easy to update and replenish food and medical items.



RAMIRO FLORES
SALT LAKE CITY, UT

HOMEMADE PRESSURE-PUMP CAMP SHOWER

- Make from a new pressure weed sprayer and a standard shower head.
- Add water and warm in sun.
- Have a shower anywhere.

Bryan Stinson
Layton, UT



BACKPACKING / EMERGENCY SUPPLIES

- Functional
- Ready-to-go
- Checklist of items with maintenance reminders
- Lightweight items
- Cold weather

Seth Call

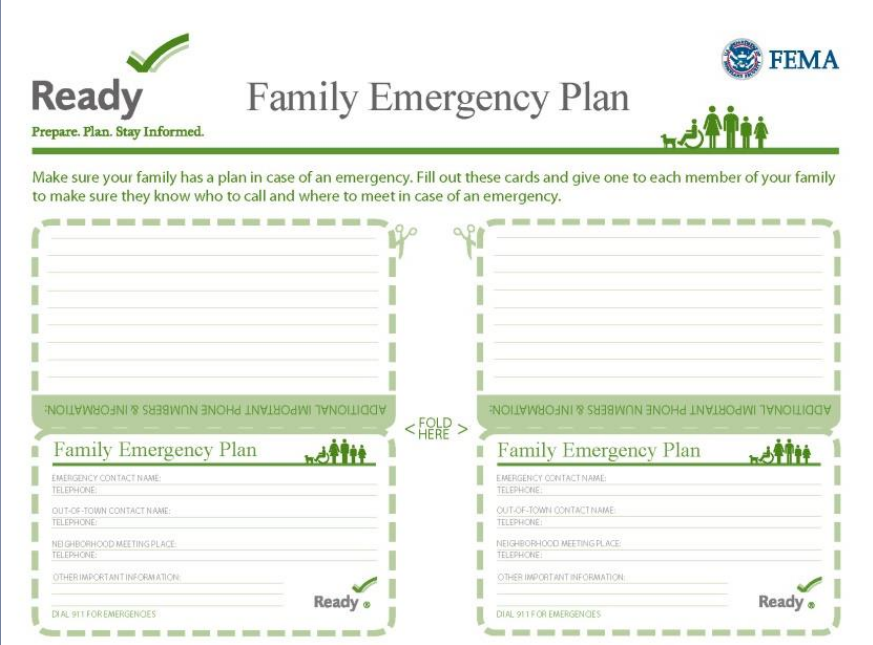
Provo, UT



FAMILY EMERGENCY PLAN

- Electronic template at <https://www.fema.gov/media-library/assets/documents/22187>
- Easy to create, print, share ,and update

Michelle Call
Provo, UT



The image shows a FEMA Family Emergency Plan template. At the top left is the 'Ready' logo with a green checkmark and the tagline 'Prepare. Plan. Stay Informed.' At the top right is the FEMA logo and a silhouette of a family with a person in a wheelchair. The main title 'Family Emergency Plan' is centered. Below the title is a paragraph: 'Make sure your family has a plan in case of an emergency. Fill out these cards and give one to each member of your family to make sure they know who to call and where to meet in case of an emergency.' The template consists of two identical cards side-by-side, separated by a dashed line with a 'FOLD HERE' instruction. Each card has a large dashed box for 'ADDITIONAL IMPORTANT PHONE NUMBERS & INFORMATION' at the top. Below this is a section titled 'Family Emergency Plan' with a small family silhouette. It contains fields for: 'EMERGENCY CONTACT NAME: TELEPHONE:', 'OUT-OF-TOWN CONTACT NAME: TELEPHONE:', 'NEIGHBORHOOD MEETING PLACE: TELEPHONE:', and 'OTHER IMPORTANT INFORMATION:'. At the bottom of each card is the 'Ready' logo and the text 'DIAL 911 FOR EMERGENCIES'.

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Ongoing Contest

- We are looking for great ideas to share with others.
- Email photo, short explanation, name, and city to **utahprepare@gmail.com**.



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